



The BHF SENIOR-RITA Trial Newsletter

Issue 8: December 2017



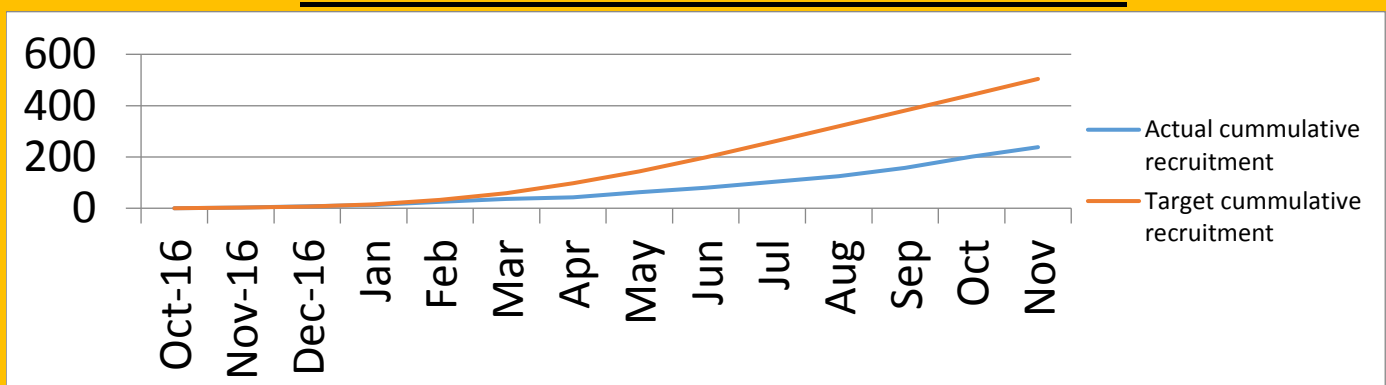
Dear SENIOR-RITA Investigators and Teams,

Welcome to the December issue of the SENIOR-RITA Newsletter.

- + We are pleased that **34 sites across the UK** are now open for recruitment
- + We are in the process of including **another 6 new sites** to SENIOR-RITA
- + We are very grateful to all our site PIs and site teams for their incredible hard work and commitment to SENIOR-RITA so far
- + We have now identified Clinician, Nurse and NIHR CRN SENIOR-RITA Champions who have agreed to promote SENIOR-RITA in our SENIOR-RITA regions across the UK
- + Our target is **20 patients/week** and with 34 sites recruiting we feel this is achievable

SENIOR-RITA REGION	CARDIOLOGIST CHAMPION	NURSE CHAMPION	NIHR/NRS CRN CHAMPION	CO-/SENIOR INVESTIGATOR OVERSIGHT
North East and Cumbria	Dr. Craig Runnett (Northumbria)	Jennifer Adams-Hall (Newcastle)	Dr. Chris Speed (NIHR CRN NENC)	Dr. Vijay Kunadian (Newcastle)
Transpennine and Midlands	Dr. Damian Kelly (Derby)	Lisha Aju (Derby) Sarrah Giannopoulou (Manchester)	Mr. Chris Oxnard (NIHR CRN Humber and Yorkshire)	Professor Rob Storey (Sheffield)
London and South of England	Dr. Gerald Clesham (Mid Essex)	Lorraine James (Mid Essex)	Mr. Reuben Lewis (NIHR CRN North West London)	Professor Andreas Baumbach (London)
Scotland	Professor Keith Oldroyd (Glasgow)	Megan Rodger (Ayrshire & Arran)	Dr. Ewan Dougall (NRS)	Professor Dave Newby (Edinburgh)
International advisor	Professor Stefan James (Uppsala, Sweden)			

UK wide recruitment to BHF SENIOR-RITA



- + Feedback from recruiting sites has revealed that the main barrier to recruitment has been **clinical decision-making** rather than patient/carer willingness to participate.
- + This highlights the importance of screening and seeing eligible patients early, soon after the point of presentation and getting key clinical decision makers up to speed with SENIOR-RITA.

Working together as Newcastle Academic Health Partners

BHF SENIOR-RITA: Strategies to Boost Local Recruitment

✚ Direct site support including site visits and teleconferences

A direct line (**0191 282 6710**) has been set up to help troubleshoot with clinical queries including SAEs, site recruitment performance, randomisation, data collection and follow-up queries.

✚ How to Approach the Typical SENIOR-RITA Patient

- Introduce yourself
- Ask about the patient's current condition and symptoms
- Ask the patient and their relatives whether they have heard of the British Heart Foundation
- Explain that there is a **large nation-wide study funded by the BHF** into the treatment of **minor heart attacks in patients over the age of 75** and that the patient is the perfect candidate to take part
- Explain that **current guidelines and evidence are lacking to help cardiologists** to decide the management of the vast majority of elderly patients admitted into hospital with a minor heart attack
- Explain there are two routine management options currently in widespread use:
1. Tablet treatment and **2. Tablet treatment & a Heart X-Ray** called a coronary angiogram. It is often unclear which is the best strategy that should be used in patients over the age of 75 years and this is what the study aims to investigate
- Explain by taking part they will:
 - Benefit from the **reassurance of additional specialist follow-up**
 - May **directly benefit** from taking part in the study
 - **Future generations will benefit** from their participation
 - Participation is **a means of giving something back** to healthcare, BHF and the wider community
 - Show patients and relatives our **BBC press release** available on **DVD** from Newcastle CTU

INFORMATION FOR SITES

Randomisation System – site staff with access to the NCTU Randomisation Service are able to reset their passwords themselves. On the Log In page there is a 'Forgotten your password?' link that will request the users email address and then ask them to click **RESET PASSWORD**. A reset link will be sent to the users email account where they are requested to enter their email address and a new password. Please note the user is required to change their password within 15 minutes of receiving the email.

**On behalf of the
entire SENIOR-RITA
team, we wish you a
Merry Christmas
and a Happy New
Year!**



THE BHF SENIOR-RITA TRIAL SITE LEVEL RECRUITMENT UPDATE

Site	Principal Investigator	Opened to recruitment	Total no. screened	Monthly Site target	Recruited to Date
Aberdeen	Dr Awsan Noman	04-Dec-17	2	3	0
Ayrshire & Arran	Dr Vera Lennie	22-Mar-17	27	2	12
Borders	Dr Paul Neary	02-Jun-17	4	2	1
Dundee	Dr John Irving	13-Nov-17	0	2	1
Edinburgh	Prof Dave Newby	01-Dec-16	163	4	8
Fife	Dr Mark Francis	01-Dec-17	0	1	0
Lanarkshire	Dr Ross McGeoch	30-Mar-17	7	5	2
Royal Alexandra	Dr Keith Robertson	28-Feb-17	70	2	3
Basildon	Dr Rajesh Aggarwal	02-Dec-16	31	1	7
Birmingham	Dr Kaeng Lee	22-Nov-17	0	2	0
Blackpool	Dr Gavin Galasko	15-Nov-16	46	2	8
Chesterfield	Dr Justin Cooke	30-Nov-16	62	2	11
Co Durham & Darlington	Prof Jerry Murphy	23-Jun-17	53	2	8
Derby	Dr Damian Kelly	22-Sep-17	17	1	5
East Sussex	Dr Robert Gerber	21-Feb-17	44	1	2
Epsom & St Helier	Dr Usha Prasad	04-Aug-17	18	5	1
Gateshead	Dr Ray Meleady	09-Dec-16	45	4	2
Imperial	Dr Rasha Al-Lamee	22-Aug-17	5	1	1
Lincoln	Dr Kelvin Lee	27-Jan-17	17	1	5
Mid-Essex	Dr Gerald Clesham	30-May-17	16	1	5
Newcastle	Dr Vijay Kunadian	31-Oct-16	123	8	49
North Cumbria	Dr Louise Buchanan	31-Jul-17	5	1	1
North Tees	Dr Justin Carter	23-Feb-17	29	2	22
Northumbria Healthcare	Dr Craig Runnett	27-Mar-17	67	2	24
Plymouth	Dr David Sarkar	15-May-17	27	1	4
Royal Berkshire	Dr Charlie McKenna	03-Jul-17	10	3	0
Royal Free	Dr Roby Rakhit	03-Jul-17	12	1	2
Sheffield	Prof Rob Storey	25-Jan-17	86	4	16
South Manchester	Dr Hussain Contractor	15-Mar-17	62	2	7
South Tees	Dr David Austin	02-Dec-16	65	1	24
South Tyneside	Dr Abdul Nasser	16-Dec-16	23	3	6
Surrey & Sussex	Dr Shrilla Banerjee	02-Jun-17	40	1	6
Torbay & South Devon	Dr Dirk Felmeden	12-Jun-17	46	2	3
York	Dr Chris Gale	31-Aug-17	11	1	3
TOTALS			1233		249

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The SENIOR-RITA website: <https://research.ncl.ac.uk/seniorrita/> TWITTER @SNR_RITA_Trial

BHF SENIOR-RITA Site Visits: South Tees, County Durham and Darlington, Manchester Hospitals

South Tees Hospitals NHS Foundation Trust



South Tees Hospital:

Dr Austin and his colleagues are one of the highest recruiters to SENIOR-RITA in the UK.

What is behind their successful recruitment?

- ✚ Highly motivated consultant body actively looking to recruit to SENIOR-RITA.
- ✚ Bringing eligible patients from surrounding hospitals for assessment.
- ✚ Proactively calling referring hospitals to ensure no eligible patients are being referred without prior approach for SENIOR-RITA

County Durham and Darlington NHS Foundation Trust



Durham & Darlington Hospitals:

- ✚ Professor Murphy, Dr Cave and their teams have found great success in recruitment. Highly motivated cardiology registrars have helped to identify and approach patients early for SENIOR-RITA.
- ✚ Research nurses Louise and Margaret screen daily and have a successful weekend system to identify and approach eligible patients admitted over the weekend.



Manchester Hospitals:

- ✚ Dr. Contractor and team at Manchester University NHS Foundation Trust have found success in recruitment due to support and involvement of all Cardiologists.
- ✚ Research nurse team led by Sarra screen daily for patients.



Please mark your diaries for the upcoming SENIOR-RITA meeting:

**Investigator meeting during
BCIS ACI 2018 - Hilton Meeting Room B,
Second Floor, West Wing, London Hilton
Metropole**

Thursday 25 January 2018 12.30-13.30



- ✚ Be sure to check our weekly updates on Monday mornings and answers to FAQs